

Come along once a week
and join in a music program
which offers something for
everyone involved.

Children enjoy a fun mix
of music, movement,
rhymes and action
with their parent.

Parents also meet
with other adults
over a cuppa as
the kids enjoy a
time of free-play.

SESSION TIME

MONDAY'S
10.30am

16 Shortland Street
Teloepa NSW 2117



Teloepa Church of Christ
16 Shortland Street, Teloepa 2117
Ph: 9638 7955 Fax: 9638 4906

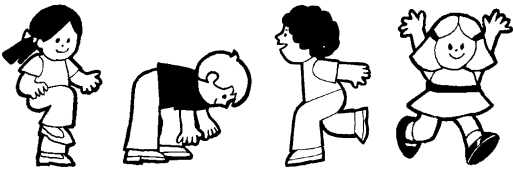


mainly
music®

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10.30am

What is mainly music?

- Mainly music is a program designed for children aged 0–5 years and their parents, caregivers and grandparents. Through the medium of music they are encouraged to interact with one another, as they sing, dance, play instruments and move together.



- Mainly music is also a great space for parents to connect with other adults, to enjoy some adult conversation and interaction and to grow relationships and networks with other parents/adults while their children play and interact with other children.



What is in a session?

- Each week, parents/ caregivers bring their young children for a thirty-minute music session with music, rhyme, movement, listening and more.



- A facilitator leads the program while adults are encouraged to interact and participate with their children.

- Each week a different selection of instruments and other props are used by everyone to enhance the music experience.



- Morning tea is then supplied for the children who sit down to eat before enjoying some free-play time using the toys and equipment that are provided.



- Parents are then able to connect with other mums and adults over a cuppa and morning tea.



How do I get involved?

- A small fee of \$5 a week per family will be charged to cover ongoing costs of the program, however if money is an issue or concern please don't hesitate to contact us first.
- Come along each week and be ready to participate with and encourage your child as you interact together.
- In an effort to keep our costs down, those attending will have a chance to contribute to the morning in different ways, including going on a roster to help provide morning tea.
- Bring your friends along with you and join in the program, and/or come along with your child and enjoy making some new friends together.
- If you have any further questions or queries then please don't hesitate to contact Telopea Christian Centre on 9638 7955.